learningtogether
siner advanced skills institute

ERASMUS+ STRUCTURED COURSE | SCHOOL APPROVAL SUMMARY

Positive Psychology in Education

A concise, shareable overview for teachers, school leaders and Erasmus+ mobility coordinators.

Course code	LTPPE123	**Language**	English
Destination	Multiple locations available	**Subject level**	Basic to Intermediate Professional Literacy
Format	On-site · 5-day or 6-day	**Audience**	Teachers, trainers & school leaders

Educational purpose

Apply positive psychology and the PERMA framework to strengthen engagement, relationships, personal strengths and meaningful wellbeing practices in education.

Learning objectives & outcomes

- Positive Psychology Foundations
- Character Strengths & Positive Feedback
- Positive Relationships & Everyday Practices
- Ethical Wellbeing & Positive Institutions
- PERMA Framework in Education
- Engagement, Flow & Learning Design
- Hope, Meaning & Accomplishment
- European Peer Exchange & Institutional Transfer

Learning activities and methodologies

Programme format: **5-days (25h) or 6-days (30h)**. Participants examine Positive Psychology and the PERMA framework through guided reflection, educational case studies and practical workshops. Strengths-based exercises, engagement activities, relationship-building practices and hope-focused learning design support the development of a realistic classroom or school-wide Flourishing Plan, with attention to ethical practice and appropriate evaluation.

Documentation, materials and practical arrangements

Certificate of Attendance: issued for participants meeting the 80% minimum attendance requirement. **Learning Agreement** and **Europass Mobility support** are provided where agreed and relevant; if you need support for additional documents contact our team. Participants have access to a dedicated folder with digital course materials, resources and evidences. **Materials to bring: None.**

Locations, fees and booking

Course locations: Azores, Barcelona, Faro, Krakow, Lisbon, Madeira, Malaga, Porto, Seville and Valencia. **Fees per participant:** 5-day: €400 to €450; 6-day: €480 to €500, depending on location. Current edition dates, confirmation status, fee and inclusions must be verified before making non-refundable travel commitments. Pre-enrolment is non-binding and is not a booking confirmation.

Course details · **Live course calendar** · **Mobility documents**

Portugal OID E10201112 / Spain OID E10417947 / Poland OID E10419682

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