learningtogether
siner advanced skills institute

ERASMUS+ STRUCTURED COURSE | SCHOOL APPROVAL SUMMARY

Positive Learning and Wellbeing in Schools

A concise, shareable overview for teachers, school leaders and Erasmus+ mobility coordinators.

Course code	LTPLWS89	**Language**	English
Destination	Multiple locations available	**Subject level**	Basic to Intermediate Professional Literacy
Format	On-site · 5-day programme	**Audience**	Teachers, school leaders, VET & education professionals

Educational purpose

Build a positive school culture through emotional awareness, supportive relationships, student motivation and practical wellbeing strategies for everyday education.

Learning objectives & outcomes

- Positive Education & Wellbeing Foundations
- Positive Classroom Climate & Relationships
- Everyday Wellbeing Routines
- Positive Learning & Wellbeing Action Planning
- Emotional Awareness & Resilience
- Strengths-Based Communication & Motivation
- School Wellbeing Initiatives
- European Peer Exchange & Institutional Transfer

Learning activities and methodologies

Programme format: **5-days (25h)**. Participants learn through guided reflection, emotional-awareness exercises, roleplay and realistic school scenarios. Practical wellbeing activities, strengths-based communication exercises and collaborative workshops help them develop positive classroom strategies and prepare a Positive Learning and Wellbeing Action Plan suited to their own educational context.

Documentation, materials and practical arrangements

Certificate of Attendance: issued for participants meeting the 80% minimum attendance requirement. **Learning Agreement** and **Europass Mobility support** are provided where agreed and relevant; if you need support for additional documents contact our team. Participants have access to a dedicated folder with digital course materials, resources and evidences. **Materials to bring: None.**

Locations, fees and booking

Course locations: Aveiro, Azores, Faro, Krakow, Lisbon, Madeira, Malaga, Porto, Poznan, Seville, Valencia and Wroclaw. **Fees per participant:** 5-day: €400 to €420, depending on location. Current edition dates, confirmation status, fee and inclusions must be verified before making non-refundable travel commitments. Pre-enrolment is non-binding and is not a booking confirmation.

Course details · **Live course calendar** · **Mobility documents**

Portugal OID E10201112 / Spain OID E10417947 / Poland OID E10419682

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