COURSE BROCHURE | ERASMUS+ TRAINING

Portuguese Language From Scratch

Learn basic European Portuguese through everyday conversations, practical language activities and cultural discovery, building confidence for your stay in Portugal.

LOCATION	LANGUAGE	FORMAT	DURATION	COURSE FEE	OID
Porto	English/Portuguese	On-site	6 days	€480	E10201112

€480 per participant for 6 days in Porto, Portugal. Check current editions, fee and inclusions before booking.

Course description

Portuguese is a major international language spoken by more than 265 million people across all continents and is an official language of nine states. This beginner course introduces practical European Portuguese for participants with little or no previous knowledge of the language.

Through short, purposeful tasks, participants will practise greetings, personal information, numbers, food and drink, directions, transport, shopping, accommodation and other everyday situations relevant to an Erasmus+ mobility. Pronunciation, high-frequency vocabulary and basic grammatical patterns are introduced in context rather than as isolated theory.

Through interactive workshops, roleplay, listening exercises and guided language tasks, participants will apply their learning to realistic situations. Porto provides opportunities to observe Portuguese in everyday life and discover local traditions, cultural expressions and communication practices. Participants will develop a simple language and culture project and identify strategies for continuing their Portuguese learning beyond the course.

Who the course is for

For educators

Teachers, trainers, school staff and other education professionals with little or no previous knowledge of Portuguese. Particularly relevant for participants preparing for Erasmus+ mobility, international cooperation or professional activities in Portugal who want to develop everyday communication skills and gain greater cultural and intercultural awareness.

At a glance

Course level: Beginner Portuguese

Working language: English/Portuguese. Please **contact the team** if you are unsure about the course level or working language.

CURRICULUM FOCUS

Beginner European Portuguese / Everyday Communication & Pronunciation / Language Through Cultural Discovery

View the course, current editions and fees

02 / INTENDED LEARNING OBJECTIVES

Learning outcomes

The following learning outcomes describe the course's intended direction and objectives. The trainer adapts activities, examples and participant work to the group's goals, experience and learning needs.

01 **Greetings & Personal Introductions** - Use basic greetings, personal information and everyday expressions to introduce themselves and communicate in familiar situations.

02 **Everyday Vocabulary & Communication** - Apply useful vocabulary and common expressions for food, shopping, transport, accommodation, directions and daily activities.

03 **Beginner Listening & Understanding** - Recognise familiar words, essential information and the general meaning of short, clearly spoken messages in Portuguese.

04 **Pronunciation & Spoken Clarity** - Practise basic European Portuguese sounds, word stress and pronunciation patterns to communicate more clearly in simple exchanges.

05 **Basic Grammar & Sentence Building** - Construct simple sentences and questions using essential grammar patterns in everyday communication.

06 **Reading & Practical Writing** - Understand simple signs, menus, notices and short messages, and write basic personal information and everyday expressions.

07 **Cultural & Intercultural Awareness** - Recognise Portuguese cultural traditions and everyday communication practices, demonstrating curiosity and respect in intercultural interactions.

08 **European Peer Exchange & Continued Language Learning** - Combine beginner Portuguese skills in realistic mobility situations and develop strategies for continued language learning after the course.

Transfer to practice and intended impact

The programme supports participants in connecting the course learning with their own professional context. Participants consider how relevant approaches, activities or tools could be adapted to their learners, priorities and institutional settings.

1. **Identify a relevant professional need:**
   Consider which learner need, classroom challenge or institutional priority the course learning could help address.
2. **Adapt the approach to your setting:**
   Select the activities, tools or approaches that can realistically be incorporated into your own professional context.
3. **Decide what progress would look like:**
   Consider how changes in practice, learner engagement, learning outcomes or another relevant result could be recognised.

03 / COURSE PROGRAMME | DAYS 1-3

Learning Activities & Training Schedule

SUNDAY / DAY 1

Flexible self-preparation followed by an in person European exchange session, **at 18h30.**

MONDAY - FRIDAY / DAYS 2-6

08:30 - 13h30

5h of training per day · 30h total

This is a typical timetable, subject to the provider's discretion.

DAY 1

Cross-Cultural Exchange, European Educational Context & Course Orientation

- Pre-Session work: Self Preparation to reflect and share your institution's context, cultural background & completion of the Cultural Quiz.
- Welcome, networking and cultural exchange between participants and Erasmus+ team.
- Icebreaking activities and sharing of European core values.
- Open space to share ideas, discuss current challenges in the Education sector and collaborative opportunity to exchange future goals.
- Course briefing and planning.

DAY 2

Portuguese Sounds, Greetings & Personal Introductions

- Identify beginner communication goals and practise basic European Portuguese sounds and pronunciation.
- Use greetings, names, nationalities, occupations and simple personal information in familiar conversations.
- Form short statements and questions using introductory grammar patterns.
- Practise introducing themselves and their educational institutions through guided conversations and roleplay.

DAY 3

Food, Cafés, Numbers & Everyday Transactions

- Develop everyday vocabulary for food, drinks, numbers, prices, quantities and daily routines.
- Practise ordering food, asking about prices and making simple requests in cafés, restaurants and shops.
- Read menus, signs and market information to identify familiar words and useful expressions.
- Apply the language through a guided or simulated everyday transaction, considering Portuguese cultural practices.

04 / COURSE PROGRAMME | DAYS 4-6

Learning Activities & Training Schedule

DAY 4

Directions, Transport & Exploring Porto

- Learn useful expressions for places in the city, directions, transport and weather.
- Practise asking for directions and understanding basic travel information through paired activities.
- Identify Portuguese words and expressions on signs, maps and public information during guided observation.
- Collect useful language examples and cultural observations for the final course project.

DAY 5

Accommodation, Shopping & Social Interaction

- Practise vocabulary and expressions related to accommodation, facilities, shopping and payment.
- Formulate simple questions, polite requests and everyday responses in familiar situations.
- Combine pronunciation, vocabulary and beginner grammar through practical roleplay.
- Prepare a short spoken or visual presentation using selected Portuguese expressions and cultural discoveries.

DAY 6

Integrated Portuguese Challenge & Continued Learning Plan

- Apply beginner Portuguese through realistic scenarios involving introductions, directions, food, shopping and accommodation.
- Present a short language and culture project using simple Portuguese where appropriate.
- Review individual progress, useful expressions and strategies for continued language learning.
- Complete course reflection, evaluation and Certification.

ADAPTABLE TRAINING

This programme is a planned framework. Specific activities, sequence, exercises and timings may be adapted by the trainer or provider to each group/edition.

COURSE RECORDS

Daily summary and attendance sheets record the schedule and a short account of each day's work, validated by the trainer and signed by the participants.

Edition-specific evidence: Learning Together maintains signed daily training and attendance records. This brochure describes the course framework; additional verification can be based on the records of the particular edition.

05 / LEARNING APPROACH & METHODOLOGY

Learning Together Methodology

Learning Together courses combine guided input supported by presentations and multimedia resources with practical experimentation, creative workshops, case-based learning and hands-on tools. Participants connect the learning to their own professional situations and progressively develop an applied outcome, which may take the form of a presentation, project, session plan, action idea, reflection or another relevant output.

Peer / trainer feedback supports refinement throughout the process, while European exchange encourages participants to compare practices, perspectives and approaches across different educational contexts.

Methods applied in this programme

Action-Oriented Beginner Communication

Participants practise greetings, introductions, everyday requests and simple conversations through guided pair work, roleplay and realistic communication situations.

Pronunciation, Vocabulary & Grammar in Context

Short practical exercises introduce essential vocabulary, basic sentence structures and European Portuguese pronunciation through listening, speaking and everyday language tasks.

Cultural Observation & Language Project

Participants observe Portuguese in everyday settings, collect useful expressions and cultural examples, and organise their discoveries into a simple language and culture presentation.

Collaborative learning, peer exchange and reflection

Participants work with European colleagues, compare professional contexts, exchange approaches and reflect on how the learning can be transferred to their own institutions.

> **Illustrative example: Using Portuguese During an Erasmus+ Week in Porto**
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> Imagine an educator arriving in Porto with no previous Portuguese. Participants prepare useful expressions, practise everyday interactions and observe authentic language in public spaces. They document selected words, signs and cultural details, then use the material in a short final presentation showing how beginner Portuguese can support confidence and connection during mobility.

An adaptable learning experience

Learning Together courses are delivered by trainers with relevant professional & pedagogical experience, **who are fluent English speakers**. The trainer may vary by edition, adapting the activities to the group's professional context and learning goals.

Meet our trainers and explore our approach

06 / PRACTICAL INFORMATION & SUPPORT

Everything you need for your training

Your course materials and participant work

Participants receive access to course materials, including slides, presentations, worksheets and exercises made available for the sessions, through a dedicated online folder.

Depending on the activities, groups may also develop action plans or presentations. The output varies with the programme, trainer and group.

Materials to bring: None

Course package

Includes training sessions, digital materials, practical resources, administration and course-week support, welcome kit, coffee breaks and course documentation. Cultural activities and an orientation session **depend on the edition selected** (flights, accommodation & other personal arrangements are not covered).

Check fees and inclusions for your selected course.

Documents & certification

We issue Certificate of Attendance, invoice and support agreed Erasmus+ mobility documents, including Europass Mobility records. Certificate issuance follows the attendance conditions.

Send any additional school forms to our team in advance. Explore document guidance.

Provider & quality

Learning Together operates through registered organisations in every country where services are provided, each with its own Erasmus+ Organisation ID (OID). Our programmes combine clearly defined learning outcomes, participatory methodologies and practical activities, with participant evaluation & feedback at the end of the training.

Provider OIDs: Portugal E10201112 · **Spain** E10417947 · **Poland** E10419682

FROM INTEREST TO A CONFIRMED BOOKING

01
Pre-enrol

Share your course & preferred dates. Pre-enrolment is non-binding; wait for written confirmation before making non-refundable travel bookings.

02
Confirm your place

Our team will confirm availability by email. Complete final enrolment and billing details to secure your place.

03
Plan your travel

Once your booking is confirmed, you can plan your travel. Before travelling, check materials required, timetable and activities in your selected edition.

YOUR NEXT STEP

Ready to plan your course?

Check the current dates, duration, fee and edition status on the course page, then start your pre-enrolment or contact us!

View course & editions ↗ | Pre-enrol ↗

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