learningtogether
siner advanced skills institute

ERASMUS+ STRUCTURED COURSE | SCHOOL APPROVAL SUMMARY

Art Therapy for Wellbeing and Communication

A concise, shareable overview for teachers, school leaders and Erasmus+ mobility coordinators.

Course code	LTATWC82	**Language**	English
Destination	Multiple locations available	**Subject level**	Basic to Intermediate Professional Literacy
Format	On-site · 5-day or 6-day	**Audience**	Educators, trainers, inclusion staff and creative professionals

Educational purpose

Use inclusive art-based activities to support wellbeing, self-expression, communication and meaningful participation in educational settings.

Learning objectives & outcomes

- Foundations & Professional Boundaries
- Inclusive & Sensory-Responsive Design
- Observation, Reflection & Responsible Documentation
- European Peer Exchange & Institutional Transfer
- Art-Based Expression & Communication
- Group Process & Psychological Safety
- Art-Based Programme Design & Application

Learning activities and methodologies

Programme format: **5-days (25h) or 6-days (30h)**. Participants learn through experiential art-making, reflective facilitation, case discussion and collaborative programme design. Choice-based creative activities, inclusive adaptation, peer feedback and structured reflection support safe transfer to educational, community and wellbeing contexts.

Documentation, materials and practical arrangements

Certificate of Attendance: issued for participants meeting the 80% minimum attendance requirement. **Learning Agreement** and **Europass Mobility support** are provided where agreed and relevant; if you need support for additional documents contact our team. Participants have access to a dedicated folder with digital course materials, resources and evidences. **Materials to bring: None.**

Locations, fees and booking

Course locations: Krakow, Madeira and Porto. **Fees per participant:** 5-day: €400; 6-day: €580. Current edition dates, confirmation status, fee and inclusions must be verified before making non-refundable travel commitments. Pre-enrolment is non-binding and is not a booking confirmation.

Course details · **Live course calendar** · **Mobility documents**

Portugal OID E10201112 / Spain OID E10417947 / Poland OID E10419682

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