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siner advanced skills institute

Erasmus+ Training

EUROPEAN CULTURAL ROUTES, HISTORY AND VALUES IN EDUCATION

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OID

Registered Provider

Portugal: E10201112

Poland: E10419682 **Spain:** E10417947

Language:
English

Area:
Cultural Heritage & Museum Learning / European Citizenship & Democratic Values

Level:
Basic to Intermediate Professional Literacy

Course Description

Embark on an immersive exploration of Lisbon, the captivating capital city of Portugal, and unlock the secrets of its mesmerizing cultural heritage. With one of the oldest borders in Europe, Portugal boasts a diverse range of landscapes just a stone's throw away from Lisbon, offering a breathtaking backdrop for this course.
In this engaging program, participants will discover the perfect harmony between tradition and modernity that permeates every aspect of Lisbon's unique cultural tapestry. From its remarkable landmarks to its vibrant neighbourhoods, the city showcases a fusion of historical legacy and contemporary innovation that will leave a lasting impression.
Delve into the delights of Portugal's exceptional cuisine, savor its finest wines, and bask in the warm hospitality of its people. The Discover Portugal course invites you to immerse yourself in the tourist paradise that is Portugal, where leisure activities abound, and every experience is of the highest quality.
Through lectures, interactive sessions, and captivating site visits, this course aims to deepen your understanding of Lisbon's cultural heritage. By studying its museums, urban landscapes, and local traditions, you will gain insights into the rich European identity that finds expression through Lisbon's social fabric.
Course Objectives: This course aims to empower participants by raising awareness about the importance of safeguarding and promoting distinctive culture, cuisine, arts and sustainable tourism assets. It also intends to use Museums, nature and urban landscapes as agents of sustainable development and as educational work for heritage dissemination, both in formal and informal education areas as a relevant reference point in the case of formal education.

Learning Outcomes

- Understand Lisbon's cultural heritage: Explore the historical, artistic, and architectural aspects that shape its charm;
- Appreciate tradition and modernity fusion: Recognize how Lisbon blends rich traditions with contemporary influences;
- Discover the exceptional range of Portugal's landscapes and their cultural and natural significance;
- Discover Portuguese cuisine and wines: Learn about the flavors and culinary traditions that define Portuguese cuisine;
- Embrace Portuguese hospitality: Explore the warm and welcoming nature of the Portuguese people;
- Investigate the European identity in Lisbon: Examine how Lisbon's cultural heritage reflects broader European identities;
- Deepen European values, policies and educational philosophy through heritage sites and landmarks;
- Acquire heritage dissemination tools: Develop strategies for effectively sharing Lisbon's cultural heritage in formal and informal educational settings using museums, urban landscapes, and local traditions;
- Raise awareness for natural heritage preservation;
- Use interactive and participative working methods to achieve better teaching practices;
- Promote intercultural awareness;
- Promote universal access to education, enrich foreign language competencies and promote EU's linguistic diversity;
- Improve English communication.

course code LTECRHVE104

Course Programme

5 DAYS

course code LTECRHVE104

All our courses include a daily standard Coffee Break

DAY 1

- Portugal - History and Myth • A voyage through UNESCO Cultural Heritage;
- Portuguese Cultural landscapes, natural and urban landscapes;
- Lisbon's stunning surrounding landscapes, history and characteristics;
- Organising and planning field trips – Video.

DAY 2

- Lisbon Story – A voyage through streets, viewpoints and monuments;
- Introduction to Lisbon's historical, artistic, and architectural heritage;
- Cultural landscapes in Lisbon (main and celebrated sightseeing points);
- Museums, typology, characteristics;
- Educational programmes in museums.

Our courses typically run ***from 08:30 to 13:30.***

This schedule is a tentative framework. Specific activities, session order and timings are subject to adjustments by the trainer/provider's discretion & objectives.

DAY 3

- Portuguese Symbols - From tradition to merchandising;
- The flavours, culinary traditions, and local ingredients of Portuguese cuisine;
- National symbols and Portuguese identity;
- Discussion on the European identity expressed through Lisbon's cultural heritage;
- Exploring the fusion of traditional and contemporary influences in Lisbon.

Course Programme

5 DAYS

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DAY 4

- A visit to a pre-selected Museum in Lisbon.

DAY 5

- Group work;
- Presentations;
- Course roundup & review;
- Learning outcomes' validation;
- Certification Ceremony.

Planned Schedule: *Our courses typically run from* ***08:30 to 13:30.***

This schedule is a tentative framework. Specific activities, session order and timings are subject to adjustments by the trainer/provider's discretion & objectives.

Full Documentation Learning Agreement; **Certificate of Attendance** (with detailed Learning Outcomes); Europass validation; and other required Erasmus+ supporting paperwork.

100% Eligible for Erasmus+ Funding (2021–2027) - Our courses are eligible to be completely funded by the Erasmus+ program.

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