




INTERPERSONAL RELATIONSHIPS AND COMMUNICATION



learning together[®]

siner advanced skills institute



Constantly learning,
constantly evolving.



[Register Here](#)

OID: E1020112

Advanced Institute for Skills Development



COURSE DESCRIPTION

Effective communication is at the heart of every successful school. Whether managing a classroom, working in multicultural teams, engaging with students' families, or collaborating in Erasmus+ projects, educators need communication skills that promote trust, understanding and positive relationships.

This course is designed to help teachers and school staff develop their interpersonal skills to improve communication with students, colleagues, parents and international partners.

Participants will explore strategies for active listening, assertiveness, emotional management in communication, conflict prevention, constructive feedback, and collaborative problem-solving – always within the context of education.

This is a practical course focused on real-life situations in schools and educational projects, with activities that foster reflection, practice, and peer learning.

COURSE INFORMATION

Learning Outcomes

- Develop communication strategies that foster respect, clarity, and empathy in school environments;
- Use active listening and non-verbal communication skills effectively;
- Manage difficult conversations and prevent conflicts;
- Apply assertiveness techniques in their professional context;
- Provide and receive feedback constructively;
- Build trust-based relationships in multicultural and international settings;
- Design a personal communication improvement plan for their school context;
- Promote intercultural awareness;
- Transfer and share core values, experiences and effective teaching practices with other teachers and colleagues;
- Improve technical and English language, communication and social skills.

DAILY PROGRAM

5-DAYS

..... *Our courses also include a daily Coffee Break

DAY 1 / 8h30-13h45

- The role of communication in school wellbeing
- Understanding communication styles
- Self-assessment: My communication strengths and challenges

DAY 2 / 8h30-13h45

- Active listening techniques
- Reading non-verbal communication
- Empathy in education: working with diverse profiles

DAY 3 / 8h30-13h45

- Communicating with clarity and respect
- Techniques for saying “no” constructively
- Conflict prevention and resolution strategies in schools
- Group Exercises

DAY 4 / 8h30-13h45

- Giving and receiving feedback in a positive way
- Communication in teamwork and collaboration
- Managing parents' communication and difficult situations
- Case study analysis

DAY 5 / 8h30-13h45

- Building “My personal Communication & Relationship Plan”
- Reflection exercise: lessons learned
- Course roundup & review
- Learning Outcomes' validation
- Certification Ceremony

ADDITIONAL INFORMATION

Documentation: Learning Agreement; Certificate of Attendance with description of learning outcomes; Europass validation; and other required Erasmus+ supporting documents.

(Our courses are eligible to be completely funded by the Erasmus+ program 2021-2027 - KA1 funds and several other programs)

TRUSTED BY EDUCATORS ALL AROUND EUROPE



learningtogether

Learning Together believes that **well-trained educators** are more motivated and better equipped to shape the future generation! That's why we offer high-quality training to empower education professionals, build new skills, promote cultural understanding, and foster connections with peers all across Europe / **Courses • VET • Job Shadowing • KA2**



ALGARVE



AVEIRO



AZORES



KRAKOW



LISBON



MADEIRA



MALAGA



PORTO



SEVILLE



VALENCIA

Join our courses
& start your Erasmus+
journey in a city that

inspires!

[Pre-Registration](#)

[All Courses](#)

[Calendar](#)

[Pricing & FAQ](#)

[Our Gallery](#)

✉ learningtogether.eu@sinerconsult.pt

🌐 www.learning-together.eu | (351) 229 418 490 - Portugal

