

SPEAK TO CONNECT: BUILDING TRUST IN SCHOOLS



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OID: E10201112

Advanced Institute for Skills Development

COURSE DESCRIPTION

Connection is at the heart of successful education. In this Erasmus+ training, educators will discover how to build trust and understanding with students, colleagues, and families through intentional, relational communication practices.

Participants will explore the foundations of relational trust, psychological safety in classrooms, and communication habits that strengthen school community bonds. They will also practice strategies for navigating tension, maintaining open dialogue, and building lasting trust even in challenging interactions.

This course focuses on relational dynamics – understanding that every word, gesture, and listening moment can build or weaken trust.

COURSE INFORMATION

Learning Outcomes

- Understand the emotional foundations of trust in educational settings;
- Identify communication habits that build or erode connection;
- Apply trust-building communication practices with students and teams;
- Manage micro-conflicts before they escalate;
- Foster a school climate based on open, respectful dialogue;
- Promote intercultural awareness;
- Transfer and share core values, experiences and effective teaching practices with other teachers and colleagues;
- Improve technical and English language, communication and social skills.

DAILY PROGRAM

5-DAYS

..... *Our courses also include a daily Coffee Break

DAY 1 / 8h30-13h45

- What Makes Us Connect?
- Relational trust and psychological safety explained
- Mapping communication flows in school relationships

DAY 2 / 8h30-13h45

- Building Trust with Students
- Everyday rituals and habits that foster belonging
- Managing mistakes and maintaining trust
- Building Trust within Staff Teams
- Emotional safety in teacher-teacher communication
- Conflict prevention and early intervention strategies

DAY 3 / 8h30-13h45

- Let's Put Everything to the Test!
- Roleplays simulating relational tensions
- Trust-building exercises
- Emotional safety simulations
- Group reflection and peer feedback

DAY 4 / 8h30-13h45

- Engaging Families and Community
- Communicating for trust beyond the classroom
- Resolving miscommunication with parents/guardians
- Connection Strategies in Action: School trust-building projects
- Personal Connection Action Plan

DAY 5 / 8h30-13h45

- Action Plan group discussions
- Course roundup and review
- Learning Outcomes' validation
- Certification Ceremony

DAILY PROGRAM

6-DAYS

..... *Our courses also include a daily Coffee Break

DAY 1 / 16h30-21h30

- Self Preparation for a short School presentation on Day 2
- Cultural Quiz (to be filled out pre-dinner)
- Welcome Session - icebreaking & dinner, week briefing & planning
- Networking between participants and Erasmus+ team
- Sharing of European core values
- Open space for participants to share ideas and discuss current challenges in the Education sector; collaborative opportunity to exchange future goals (activity)

DAY 2 / 8h30-13h45

- What Makes Us Connect?
- Relational trust and psychological safety explained
- Mapping communication flows in school relationships

DAY 3 / 8h30-13h45

- Building Trust with Students
- Everyday rituals and habits that foster belonging
- Managing mistakes and maintaining trust
- Building Trust within Staff Teams
- Emotional safety in teacher-teacher communication
- Conflict prevention and early intervention strategies

DAY 4 / 8h30-13h45

- Let's Put Everything to the Test!
- Roleplays simulating relational tensions
- Trust-building exercises
- Emotional safety simulations
- Group reflection and peer feedback

DAY 5 / 8h30-13h45

- Engaging Families and Community
- Communicating for trust beyond the classroom
- Resolving miscommunication with parents/guardians
- Connection Strategies in Action: School trust-building projects
- Personal Connection Action Plan

DAY 6 / 8h30-13h45

- Action Plan group discussions
- Course roundup and review
- Learning Outcomes' validation
- Certification Ceremony



ADDITIONAL INFORMATION

Documentation: Learning Agreement; Certificate of Attendance with description of learning outcomes; Europass validation; and other required Erasmus+ supporting documents.

(Our courses are eligible to be completely funded by the Erasmus+ program 2021-2027 - KA1 funds and several other programs)

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