

EDUCATION FOR SUSTAINABLE LIVING



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OID: E10201112

Advanced Institute for Skills Development

COURSE DESCRIPTION



New methods of thinking and behaving are required to address today's global concerns. The process of social awareness and transformation, as well as the paradigm shifts required for sustainable living, can all be significantly aided by education.

To achieve this, it is necessary to increase education and teachers' contribution to the development of stronger, fairer, more sustainable, and more peaceful societies.

Education for sustainability is driven by a broad understanding of education and learning that includes people of all ages, backgrounds and at all stages of life. It takes place within all possible learning spaces, formal and informal, in schools, workplaces, homes and communities.

Course objectives

This course aims to increase teachers' knowledge of sustainable development concerns and their capacity to apply sustainability objectives and principles to their classroom activities and lesson plans. By integrating Education for Sustainable Development into classrooms, subject curricula, and schools, this course intends to help participants contribute to the implementation of Sustainable Development Goals.

COURSE INFORMATION

Learning Outcomes

- Clarify concepts of sustainability, sustainable lifestyles and responsible consumption;
- Understand the principles and objectives of education for sustainable development;
- Strengthen educators' capacities and skills to integrate the values of sustainability in their areas;
- Inspire educators to contribute to building more coherent, harmonious, and sustainable societies;
- Promote the exchange of practices between educators from different contexts and regions;
- Explore methodological and pedagogical tools that promote a new awareness of our relationship with the environment and sustainable lifestyles;
- Discuss the benefits of an active learning approach to encourage students to solve problems, formulate complex questions, debate, explain and brainstorm during class;
- Empower educators to create practical & meaningful experiences;
- Promote intercultural awareness;
- Transfer and share core values, experiences and effective teaching practices with other teachers and colleagues;
- Improve technical and English language, communication and social skills.

DAILY PROGRAM

6-DAYS

..... *Our courses also include a daily Coffee Break

DAY 1 / 16h30-21h30

- Self Preparation for a short School presentation on Day 2
- Cultural Quiz (to be filled out pre-dinner)
- Welcome Session - icebreaking & dinner, week briefing & planning
- Networking between participants and Erasmus+ team
- Sharing of European core values
- Open space for participants to share ideas and discuss current challenges in the Education sector; collaborative opportunity to exchange future goals (activity)

DAY 2 / 8h30-13h45

- Introduction and Presentation of the Course Structure
- Biodiversity, Ecology, Environment and Sustainability.
- Depletion of natural resources.
- Natural risks versus “ecological catastrophes”
- Sustainable Development Goals
- The case study of Madeira Island: geography, climate, geomorphology and hydrology.

DAY 3 / 8h30-13h45

- Madeira Island: (multifunctionality, sustainability and technological characteristics)
- Exploring sustainability topics and reflecting on how they relate to personal lifestyles.
- Group Discussion on Sustainable Development: Creating Sustainable Cities;
- What is sustainable tourism? What is Ecotourism?
- Environmental crisis
- Climate Change
- Natural hazards. Disaster Management for Sustainable Development?
- Other topics of interest to students.

DAY 4 / 8h30-13h45

- Urban climate walk between the hotel and Funchal citycentre. How does the mountain and the sea influence the city's climate?
- Creating Sustainable Cities; Urban mobility and cycling: Sustainable Transport; Why cities need trees?
- Neurobiology and Well-Being

DAY 5 / 8h30-13h45

- Field trip between Pico das Pedras and Queimadas in Santana, to get to know the Laurissilva Forest (4km).

DAY 6 / 8h30-13h45

- Sustainable tourism.
- Supporting biodiversity education in schools.
- Presentation and discussion of group work.
- Course roundup & review
- Learning outcomes' validation
- Certification Ceremony



ADDITIONAL INFORMATION

Documentation: Learning Agreement; Certificate of Attendance with description of learning outcomes; Europass validation; and other required Erasmus+ supporting documents.

(Our courses are eligible to be completely funded by the Erasmus+ program 2021-2027 - KA1 funds and several other programs)

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