

# BUILDING A SUSTAINABLE FUTURE



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siner advanced skills institute

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**OID: E10201112**

Advanced Institute for Skills Development

# COURSE DESCRIPTION

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This course is designed to provide participants with a comprehensive understanding of sustainability and equip them with the knowledge and skills to promote sustainable practices in their personal lives, workplaces, and communities. In today's world, sustainability has emerged as a critical global concern, requiring individuals and organizations to take proactive steps towards a more sustainable and resilient future.

Increasing population, global warming and the current global health crisis are catalytic factors causing collateral damage to our environment and accelerating the negative effects of climate change. Research shows that the world needs to cut its emissions at least by half by 2030 and reach net zero by mid-century to prevent the worst effects of climate change.

Forging a sustainable future demands an appreciation of what's at stake and how to protect it.

Never before in history has the future of our environment faced a more pressing issue than it is today. This generation of students will feel the effects of climate change more than any other and every student must be provided with an opportunity to study and understand the climate crisis through the school curriculum.

Climate change education is key to turning the tide on this crisis and creating a safe, sustainable world for generations to come. Remember that no step is too small and that the best way to promote change and encourage others to join the fight of our lives is by taking action and leading by example.

Join us in this transformative journey as we delve into the vital concept of sustainability and its implications for our planet's well-being.

# COURSE INFORMATION

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## Learning Outcomes

- Internalize the ethical framework for sustainable development that is articulated in the Earth Charter;
- Clarify concepts of sustainability, sustainability values and principles, sustainable lifestyles and responsible consumption; and global citizenship, as well as the synergies between them;
- Deepen and expand knowledge about new paradigms of education associated with education for sustainability, sustainable lifestyles, education for global citizenship and transformative education;
- Strengthen the capacities and skills of the educators to integrate the values of sustainability in their areas of action, and develop educational programmes that promote a new awareness of our relationship with the environment and sustainable lifestyles;
- Explore methodological and transforming pedagogical tools that can be used in educational programmes;
- Motivate and inspire educators to contribute, through their areas of action, to building more coherent, harmonious, and sustainable societies;
- Stimulate the exchange of experiences between educators from different contexts and regions.

### **Besides learning outcomes:**

- Reinforcing self-awareness as a European citizen;
- Improve communication and social skills;
- Promoting intercultural awareness;
- Improve language skills.

# DAILY PROGRAM

6-DAYS

..... \*Our courses also include a daily Coffee Break

## DAY 1 / 16h30-21h30

- Self Preparation for a short School presentation on Day 2
- Cultural Quiz (to be filled out pre-dinner)
- Welcome Session - icebreaking & dinner, week briefing & planning
- Networking between participants and Erasmus+ team
- Sharing of European core values
- Open space for participants to share ideas and discuss current challenges in the Education sector; collaborative opportunity to exchange future goals (activity)

## DAY 2 / 8h30-13h45

- Waste: know the principles underlying waste management and the different specific waste streams
- Tallying plastic waste around the globe
- Noise pollution and health: acquire general notions of acoustics and know the noise reduction measures

## DAY 3 / 8h30-13h45

- Water: learn ways of acting in daily life, which contribute to reduce pollution and waste of this vital resource
- Water cycle – Main issues affecting water quality and quantity
- Fish stocks are over-exploited and depleted

## DAY 4 / 8h30-13h45

- Energy: understand what energy is, its sources, forms and transformations
- Distinguish the concept of primary energy, useful energy and energy efficiency
- What is green energy? Definition, types and examples
- Renewable and clean energy

## DAY 5 / 8h30-13h45

- Indoor and outdoor air quality and health: to acquire knowledge in the field of air pollution, identifying air pollutants (associated with indoor and outdoor environments) and their impact on environment and health
- Group work

## DAY 6 / 8h30-13h45

- Group work
- Presentations
- Course roundup & review
- Learning outcomes' validation
- Certification Ceremony



# ADDITIONAL INFORMATION

**Documentation:** Learning Agreement; Certificate of Attendance with description of learning outcomes; Europass validation; and other required Erasmus+ supporting documents.

(Our courses are eligible to be completely funded by the Erasmus+ program 2021-2027 - KA1 funds and several other programs)

## TRUSTED BY EDUCATORS ALL AROUND EUROPE



learning **together**

Learning Together believes that **well-trained educators** are more motivated and better equipped to shape the future generation! That's why we offer high-quality training to empower education professionals, build new skills, promote cultural understanding, and foster connections with peers all across Europe / **Courses • VET • Job Shadowing • KA2**



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