



### FOR EUROPEAN TEACHERS



Constantly learning, constantly evolving.



**Register Here** 

OID: E10201112

Advanced Institute for Skills Development

## **COURSE DESCRIPTION**

Teaching is commonly perceived as a blend of fifty percent knowledge and fifty percent interpersonal or communication skills. Our program delves into the crucial role communication plays in the teaching profession, covering aspects of listening, speaking, reading, and writing.

In today's educational landscape, effective communication is fundamental for transmitting not only knowledge but also skills and values.

Our course goes beyond traditional lectures to equip educators with the tools needed to excel in their profession by effectively conveying complex ideas and fostering meaningful interactions with students.

Moreover, we emphasize the importance of communication skills in introducing creative and practical solutions to students' challenges.

Through interactive sessions and practical exercises, participants will develop strategies to enhance their communication abilities, ultimately empowering them to create engaging learning environments and inspire their students to succeed.

## **COURSE INFORMATION**

#### **Course Objectives**

The objective of this course is to cultivate participants' effective communication skills. With a focus on refining classroom techniques and incorporating practical activities, teachers will gain valuable insights to create engaging and informative lessons. Our aim is to support educators across all subjects in clarifying their roles in nurturing students to become confident language users in reading, writing, and speaking. Join us in honing your communication abilities and empowering your students to excel in language skills across various disciplines.

#### **Learning Outcomes**

- Develop communicative skills to overcome communication barriers;
- Provide tools for more effective communication and motivate different personality types;
- Understand group dynamics;
- Enable the participants to understand learners & colleagues' needs;
- Acquire knowledge and tips related to delivering effective public speeches (how to structure and plan effectively a speech), communication skills and learning styles;
- Provide practical tools for identifying and changing unsupportive behaviours;
- Enhance communicative competence in English.
- Increase confidence in speaking publicly: articulate clear questions and ideas in class discussion;
- Transfer and share core values, experiences and effective teaching practices with other teachers and colleagues;
- Provide teachers with an insight into Porto and Portuguese culture and heritage.



# DAILY PROGRAM\*

Our courses also include a daily Coffee Break & Social Program Activities

#### **DAY 1** / 18h30

- Welcome dinner, icebreaking
- Meet & greet, networking participants and staff
- Week briefing & planning

#### DAY 2 / 8h30-13h30

- A reflection on the importance of the relationship between learners and facilitators
- Levels of communication: Verbal language, Nonverbal or paralinguistic language
- Body language, The silence
- Communication models
- Practical group work and exercises

#### DAY 3 / 8h30-13h30

- Factors that facilitate communication
- Oral communication, Interpersonal relationship, Empathy, The keys for effective communication: active listening
- Active listening tools Echoing, Encouragement, Probing, Paraphrasing, Reflective paraphrasing

#### DAY 4 / 8h30-13h30

- Communication & learning styles
- Communication barriers
- · Communication in team dynamism
- New practices for communicating building trust & self-esteem
- Understand communication & explore the mindsets of effectiveness
- Practical group work and exercises

#### **DAY 5** / 8h30-13h30

- Motivation, persuasion, negotiation and leadership
- Motivating oneself
- The art of persuasion: from persuasion to negotiation
- Leadership and motivating others

#### DAY 6 / 8h30-13h30

- Essential & vocational skills: survival strategies
- Managing time, stress, resilience
- Work-life balance
- Course roundup & review
- Learning outcomes validation
- Certification Ceremony



## OTHER DETAILS

**Certification:** Certificate of Attendance and description of learning outcomes; Europass validation

(Our courses are eligible to be completely funded by the Erasmus+ program 2021-2027 - KA1 funds and several other programs)

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