



## Integration – A Guidebook for the Future

### Course Summary

Europe is a cross-cultural community and it's co-creating content. Europe doesn't claim knowledge nor the ultimate truth, but all countries together are creating spaces for dialogue and providing contextual information from different point-of-views.

Multiculturalism is a manifestation of liberal democracy based on mutual tolerance and cooperation. Europe's culture has always been in a constant state of flux, as it befits a society built on successive waves of immigration. Diversity not only assumes that all individuals are unique, i.e., different, but that difference is indeed value-added. Within those changes, Europe has always been liberal-democratic, which implies a high degree of freedom of expression. That's Europe, that's what it is to be a European!



### Course Objectives

This course is for all those who are interested to improve their intercultural competences and learn interactive methods to support integration of learners from different cultures into a collaborating team.

The course's main goal is to develop and acquire effective skills to overcome barriers to integration of new immigrants and develop their intercultural understanding and to develop a European dimension of education.

#### Learning outcomes:

- Understand the dimensions of incorporation/integration, identity and belonging.
- Facilitating the understanding of identity and conflict, and analysis of its diverse forms.
- Learning techniques and approaches for diverting the focus from identifying differences to achieving a common goal.
- Improving the understanding of sensations, feelings and thoughts through individual and collective perceptions.
- Developing skills for dialogue, tolerance and collaboration, using games and exercises.
- Developing communication, collaboration, presentation, problem solving, negotiation, critical and creative thinking skills.
- Overcome integration barriers such as poor qualifications and language domain which may penalize immigrants/refugees
- Helping students develop host language through language training, as well as in embracing both identities and cultures (Europe's and their own).
- Building a Sense of Belonging - pursuing an active participation by all immigrants in all aspects of collective life.
- Citizenship as the last stage of a cultural integration process.
- Promoting intercultural awareness.
- Promoting universal access to education and enrich communication skills, improve foreign language competencies and promote EU's linguistic diversity.
- Improving communication skills in English.



# PROGRAMME

Contents	
Day 1 Sunday	<p><i>Meet at hotel reception at 18:00</i></p> <ul style="list-style-type: none"> <li>✓ Welcome session</li> <li>✓ Course overview and Hand-out of material</li> <li>✓ Presentation of the participants and team;</li> <li>✓ Team building;</li> <li>✓ Dinner and Icebreaking.</li> </ul>
Day 2 Monday	<p><i>Meet at 8:00</i></p> <ul style="list-style-type: none"> <li>✓ Understanding culture – how does it define us?</li> <li>✓ Understanding cultural baggage</li> <li>✓ Sharing the multi-cultural experiences and good practices in the field of integration of immigrant children into the educational system.</li> <li>✓ Being conscious of the emotional and psychological distress of immigrant children in the process of integration into new environment</li> <li>✓ Understanding the other participants’ perspectives</li> <li>✓ <b>Guided visit through the heart of Porto</b></li> </ul>
Day 3 Tuesday	<p><i>Meet at 08:00</i></p> <ul style="list-style-type: none"> <li>✓ The European perspective</li> <li>✓ How does Diversity look like? Dimensions of Diversity</li> <li>✓ What can be challenging about Diversity?</li> <li>✓ Immigrants and host society: perceptions and realities of the Portuguese case</li> <li>✓ Raising cultural awareness through interactive games</li> <li>✓ How to plan an intercultural curricula and lesson plans</li> <li>✓ Providing supportive and multi-cultural school environment for all students.</li> <li>✓ <b>Debate: How can a tolerant society tolerate and manage intolerance?</b></li> </ul>
Day 4 Wednesday	<p><i>Meet at 8:00</i></p> <ul style="list-style-type: none"> <li>✓ Planning programs for cooperation between schools, teachers and local community members, NGO’s, Public institutions bounding and strengthening children’s talents and potentials.</li> <li>✓ Empowering immigrant children to become active participants - in and outside school</li> <li>✓ Providing supportive school environment for better integration of immigrant children.</li> <li>✓ Presentation of guidelines for integration of immigrant children</li> </ul>
Day 5 Thursday	<p><i>Meet at 8:00</i></p> <ul style="list-style-type: none"> <li>✓ Promoting common European values and tackle social exclusion</li> <li>✓ Soft Skills: Factors that facilitate communication</li> <li>✓ Interpersonal relationship</li> <li>✓ The keys for effective communication: active listening</li> <li>✓ Motivation, persuasion, negotiation and leadership</li> <li>✓ Motivating oneself, Leadership and motivating others – Games</li> </ul>
Day 6 Friday	<p><i>Meet at 8:00</i></p> <ul style="list-style-type: none"> <li>✓ Visit to Braga and Guimarães (50% of Braga’s inhabitants are immigrants. Visit to Guimarães – Portugal’s birthplace and a UNESCO’s World Heritage)</li> <li>✓ Gastronomy – what has changed in the Portuguese cuisine, and which outside influences have impacted it?</li> </ul>
Day 7 Saturday	<ul style="list-style-type: none"> <li>✓ Work presentations</li> <li>✓ Course roundup and review;</li> <li>✓ Validation of learning outcomes;</li> <li>✓ Certification.</li> </ul>



## Location

in Porto - Portugal

## Course Duration and Costs

All costs of our courses can be supported with a grant under KA1 of the Erasmus+ programme.

Learning Together charges for a **7 days course 640 euros per participant (A+B)**

**A - Course fee and Duration:** for our 7 days course, the price fee is 490 euros for tuition and materials (7 day course x 70,00 Euros per day ). This is covered with the course fee that you get with your KA1 grant: 70 euro per day.

**B - Organizational Support:** Payment of 150 EUR per participant (total amount)

Each educational organization also receives 350 Euros per participant for organizational support. Learning Together will only charge you 150 Euros for administration and organization costs (Local organization, trips, pedagogic support activities, learning validation, certification and Europass Mobility validation). This fee also includes our social program, which you can see below.

### Social Program

- ✓ Porto
  - Cultural Heritage day: Guide visit to the city of Porto
  - Visit to "Ribeira" and 6 Bridges River Cruise
  - Visit to Port Wine Cellars.

## To be paid by yourself from the KA1 grant

- Your grant covers travel costs. The amount is calculated based on the distance that you need to travel from your home place to the course.
- Your accommodation and meals will be assured through **Individual support**. The amount that you receive to cover the costs of your stay depends on the country that you choose. The range for Portugal is between 60-120 Euros per day and participant. This amount covers your stay at hotel and your meals. Learning Together don't book your stay at the hotel but we can give you tips and advice for your booking. Plenty of restaurants are available on the city for your daily meals. This option allows you to explore freely our city, hotels, restaurants and course travels.

## Course Dates

### Porto – Portugal

- 24 Nov 2019 to 30 Nov 2019
- 08 Mar 2020 to 14 Mar 2020
- 21 June 2020 to 27 June 2020
- 06 Sept 2020 to 12 Sept 2020
- 29 Nov 2020 to 05 Dez 2020
  
- 07 Mar 2021 to 13 Mar 2021
- 20 Jun 2021 to 26 Jun 2021
- 05 Sep 2021 to 11 Sep 2021
- 28 Nov 2021 to 04 Dec 2021

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